



SAFER AT HOME Checklist for Limited Healthcare Settings

This checklist is intended to help businesses comply with the Colorado Safer at Home Order and other applicable orders.

- Compliance with all public health orders is mandatory.
- Use of this checklist is voluntary.
- Completion of this checklist does not assure compliance but may be asked for as supporting documentation in cases of compliance investigations.
- Businesses are encouraged to share the completed version of this checklist with employees and post it for the public.

As Orders evolve, be sure to visit www.COVID19.Colorado.gov and www.boco.org/COVID-19 for the most current information.

This checklist is for the services of the following, provided they are being offered in a healthcare setting and capacity (not for personal services):

- Acupuncture (not related to personal services)
- Athletic training (not related to personal services)
- Audiology services
- Services by hearing aid providers
- Chiropractic care
- Massage therapy (not related to personal services)
- Naturopathic care
- Occupational therapy services
- Optometry services
- Podiatry services
- Physical therapy
- Speech language pathology services

This checklist is not for: Medical, dental, and veterinary services.

Resources for administrative functions related to these services are included in the Office-Based Business checklist.



[Colorado Safer at Home Guidance for Limited Healthcare Settings](#)

Workplace Requirements

- Employ strict hygiene guidelines and sanitization procedures for all contact surfaces and tools
- Ensure a minimum of 6 feet of separation between clients/customers when not directly performing service
- Post signage for employees and customers on good hygiene and safety measures being taken. See [additional resources](#).
- Sanitize all financial transaction equipment after each use. See [additional Guidance](#).
- Minimize in-home services with remote alternatives where possible (e.g. drive-by, [telehealth](#))

Employee Requirements

- Conduct symptom and temperature checks and refer symptomatic employees or families to the [CDPHE Symptom Tracker](#). See [additional guidance](#).
- Wear medical grade mask and gloves
- Change gloves between customers and wash hands
- Clean and sanitize work space between each appointment

Patient Protection Requirements

- Continue to conduct telehealth appointments whenever possible
- Provide service by appointment only (no walk-ins or waiting)
- Require patients to wear face coverings or masks
- Conduct symptoms check for customers of high contact services before they enter for their appointment and do not serve symptomatic clients
- Provide contactless payment options whenever possible
- Provide virtual waiting rooms - patients wait in their vehicle until their appointment begins

Additional Resources and Guidelines

- [Tips for Home Health and Personal Care Providers](#)
- [Tips for People Who Use Personal Care Assistants or Caregivers](#)
- [Guidance for Community Health Centers](#)
- OSHA guidance for [PPE](#)



General Business Requirements

Workplace Requirements

- Deputize workplace coordinator(s) charged with addressing COVID-19 issues
- Maintain 6-foot distancing when possible, and discourage shared spaces
- Frequently sanitize all high-touch areas. See [additional guidance](#).
- Post signage for employees and customers on good hygiene. See [additional resources](#).
- Ensure proper ventilation. See [OSHA guidance](#).
 - Higher than normal ventilation levels are encouraged
- Avoid gatherings (meetings, waiting rooms, etc.) of more than 10 people
- Implement symptom monitoring protocols (including workplace temperature monitoring and symptom screening questions) where possible. See [additional guidance](#).
- Eliminate or regularly sanitize any items in common spaces (i.e., break rooms) that are shared between individuals (i.e., condiments, coffee makers, vending machines). See [additional guidance](#).
- Provide appropriate protective gear like gloves, masks, and face coverings and encourage appropriate use. See [additional guidance](#).

Employee Requirements

- Require employees showing any symptoms or signs of sickness, or who have been in contact with known positive cases to stay home. Connect employees to company or state benefits providers
- Provide flexible or remote scheduling for employees who need to continue to observe Stay-at-Home, who may have child or elder care obligations, or who live with a person who still needs to observe Stay-at-Home due to underlying condition, age, or other factors
- Encourage and enable remote work whenever possible
- Minimize all in-person meetings
- Provide hand washing facilities/stations and hand sanitizer
- Encourage breaks to wash hands or use hand sanitizer
- Phase shifts and breaks to reduce employee density
- Wear appropriate protective gear like gloves, masks, and face coverings and encourage appropriate use. See [additional guidance](#).
- [Additional guidance to keep employees & customers safe](#)

Customer Requirements

- Create special hours for people at higher risk of severe illness from COVID-19
- Encourage and facilitate 6-foot distancing inside of the business for all patrons
- Encourage use of protection like gloves, masks, and face coverings
- Provide hand sanitizer at entrance
- Install shields or barriers where possible between customers and employees
- Use contactless payment solutions, no touch trash cans, etc. whenever possible
- [Additional guidance to keep employees and customers safe](#)

Additional Resources and Guidelines

- [CDC Printable Signage Resources](#)
- [CDC Signage on How to Remove Gloves](#)
- [Commuting Solutions Telework Resource](#)

